

## **ABSTRACT**

A therapeutic wrap is disclosed for applying a thermal pad to a human body portion. The wrap includes an elongated flexible strip of disposable and reusable material. The strip has first and second side surfaces, first and second end portions and a mid portion therebetween. A sheet of the disposable and reusable material is secured to the first side surface of the strip to form a pocket which has at least one end opening. The pocket is adapted to receive a prepackaged thermal pad therein through at least one end opening. Finally, a plurality of attachment elements are adapted to releasably secure the first end portion of the strip to any other selected surface portion of the strip in order to conform and secure the strip to a human body portion which requires thermal treatment.